

BLUE RIBBON SPORTS

(502) 348-2164
August 5th, 2018 – July 26th, 2019

Pre – School Gymnastics Classes – all classes are 45 minutes long and tuition is \$56.00 per month

Little Walkers (Walking - 42 Months) 45 minute class \$56.00 / month	Tuesday 5:45 pm, (Sandy) Thursday 5:45 pm (Sandy)
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Little Joggers (3 years) 45 minute class \$56.00 / month	Monday 5:45 pm, (Sandy) Tuesday 5:45 pm, (Drew) Thursday 5:45 pm (Drew)
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Big Runners (4 years) 45 minute class \$56.00 / month	Monday 4:30 pm, (Brian) Monday 6:30 pm, (Sandy) Tuesday 6:30 pm, (Sandy) Thursday 4:30 pm (Jennifer)
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Big Sprinters (5 years) 45 minute class \$56.00 / month	Monday 5:30 pm, (Brian) Tuesday 6:30 pm, (Drew) Wednesday 6:30 pm, (Brian) Thursday 6:30 pm (Sandy)
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School – Age Gymnastics Classes – all classes are for children ages 6+ and moving up is based on skills

Rising Stars (Beginner Gymnastics) 60 minute class \$64.00 / month	Sunday 3:30 pm, (Kaila) Monday 4:30 pm, (Samantha) Monday 6:30 pm, (Samantha) Tuesday 4:30 pm, (Samantha) Wednesday 6:30 pm, (Jennifer) Thursday 4:30 pm, (Samantha) Thursday 6:30 pm (Samantha)
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Shooting Stars (Intermediate Gymnastics) 60 minute class \$64.00 / month	Sunday 4:30 pm, (Kaila) Monday 5:30 pm, (Samantha) Tuesday 5:30 pm, (Samantha) Thursday 5:30 pm (Samantha)
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Comets (Advance Gymnastics) 90 minute class \$83.00 / month	Sunday 5:30 pm, (Kaila) Tuesday 6:30 pm (Kaila)
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Boys Gymnastics Classes – classes are offered for boys ages 4 – 5 and for boys ages 6+

Pre – School Boys (4 – 5 years) 45 minute class \$56.00 / month	Monday 6:30 pm (Brian)
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School – Age Boys (6+ years) 60 minute class \$64.00 / month	Monday 7:30 pm (Brian)
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Tumbling Classes – all classes are for children ages 6+ and moving up is based on skills

Tumbling (Beginner Tumbling) 60 minute class \$64.00 / month	Tuesday 6:30 pm, (Samantha) Thursday 6:30 pm (Drew)
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- All classes meet once per week.
- All fees are due at the time of sign-up, we accept; cash, check, or credit card.
- All fees are due the 25th of the previous month. Your account must be current to be considered enrolled in class.
- If you are not going to continue with class, you must notify the office by the 25th or your account will be charged.
- A \$5.00 discount is given on a second class and/or for a sibling.
- If you miss a class, you may schedule a make-up within the same month. Make-ups are only allowed for currently enrolled students.
- Dates the building will be closed and makeups need to be scheduled through the front office.

Fall Closures

Sunday & Monday, September 2 & 3, 2018 (Labor Day)
Wednesday, October 31, 2018 (Halloween)
Thursday, November 22, 2018 (Thanksgiving)

Spring Closures

Sunday, April 21, 2019 (Easter)
Sunday, May 12, 2019 (Mother's Day)
Sunday, June 16, 2019 (Father's Day)
Thursday, July 4, 2019 (Independence Day)

- Dates the building will be closed for annual shut down and missed classes will not be rescheduled or made up.
 - December 24, 2018 – January 1, 2018
 - May 26, 2019 – June 1, 2019
 - July 29, 2019 – August 4, 2019



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Class Descriptions

Pre – School Gymnastics Classes – all classes are 45 minutes long and tuition is \$56.00 per month.

The Pre-School class program is broken into classes based on age. Dividing classes by age allows children to play and participate in class with other children of similar age and social development. Skills and activities taught in class are appropriate to their physical development.

Little Walkers (Walking – 42 months) – The Little Walkers program is designed to enhance your child's gross motor skills through a variety of gymnastics related activities. Our goal is to encourage play and movement learning experiences while they also learn the important concepts of following directions and listening. This is a parent participation class; the role of the parents is to have fun with your child, follow them when the instructor is not helping them, and help your child when they need it.

Little Joggers (3 years) – The Little Joggers is a transitional class similar to the Little Walkers class where the parent is no longer in class with their child. Little Joggers continue to develop their gross motor skills through gymnastic activities. Instructors will challenge the 3 year old children to listen and follow directions while navigating through the circuits.

Big Runners (4 years) – Big Runners program is for 4 year old girls. Gross motor development is still our largest goal along with listening skills and sharing with the group. Big Runners will now be doing even more gymnastic related activities, including spending time upside down and time on their hands.

Big Sprinters (5 years) – The Big Sprinters program is for 5 year old girls. Gymnastic skills and exercises are the largest goals while gross motor skills become a secondary goal. Sprinters will spend less time in the pre-school circuits and will begin to use some of the same stations and equipment the school age classes use. While participating in gymnastics related activities Big Sprinters enjoy having fun being active and developing their personal strength and balance.

School – Age Classes (gymnastics, tumbling, & boys) – all classes are for children ages 6+

The School-Age Gymnastics program is for children who are 6 and older. The class stages build upon the skills learned in the previous level. In order to move from level to level the child must receive a recommendation from their instructor. Student's abilities are evaluated monthly and weekly, teachers can always give you a current evaluation of your child's skill level.

Rising Stars (Beginner Gymnastics) – The Rising Stars class is the first step and the starting class for all new girls to Blue Ribbon Sports. In our Rising Stars class girls will do gymnastics activities and exercises while learning the basic positions and shapes important to gymnastics skills. Girls will also have fun being active and learning the fundamentals of gymnastics while developing their personal strength and balance.

Shooting Stars (Intermediate Gymnastics) – Shooting Stars class is the second stage of our recreational gymnastics class program. Taking the positions and skills learned in the Rising Stars class and continue to build on top of those fundamentals. Girls will learn and spend time on all 4 of the girl's events. Having fun and being active are our primary goals along with improving listening skills, sharing, and team work.

Comets (Advance Gymnastics) – The Comets class is the third level of the class program. Comets meet once a week and classes are 90 minutes long. Moving into this level requires a recommendation from your instructor. Comets have a great base of fundamentals and can work on many new skills on all events. At this level girls may be invited to join the competitive gymnastics program.

Tumbling 1 (Beginner Tumbling) – A tumbling 1 class is the introductory and beginning level tumbling program. Any boy or girl 6 years or older can take a tumbling class regardless of experience or ability. Tumbling classes are great for children in cheer or might want to cheer in the future. In class, children will have fun being active and learning skills and positions important to floor tumbling. Instructors will spend time teaching rolls, handstands, cartwheels, and limbering skills. When they are strong enough and have mastered the basic positions, then instructors will also begin teaching back hand springs.

Tumbling 2 (Intermediate Tumbling) – The Tumbling 2 class is for the experienced and intermediate tumbler. Pre-requisites for this class, you must be able to safely do a standing back hand spring all by yourself. Since all students can already do a back hand spring, instructors will continue to develop standing tumbling along with working on running tumbling as well.

Boys Gymnastics – The new boys' gymnastics program is exciting and growing. Classes are broken into 2 types, class for boys 4 & 5 years and class for 6+ years. In the boys classes we have fun being very active and developing personal strength. Boys do gymnastics activities and exercises on the boy's equipment and learn skills on the 6 boy's gymnastics events.