



# BLUE RIBBON SPORTS

## 2020 – 2021 School Year Schedule

(502) 348-2164

August 3<sup>rd</sup>, 2020 – July 30<sup>th</sup>, 2021

**Pre – School Gymnastics Classes – all classes are 45 minutes long & tuition is \$61.00 a month**

<b>Little Walkers</b> (Walking - 42 Months) 45-minute class \$61.00	Tuesday 5:30 pm, Thursday 5:30 pm
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<b>Little Joggers</b> (3 years) 45-minute class \$61.00	Monday 5:30 pm, Thursday 6:30 pm
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<b>Big Runners</b> (4 years) 45-minute class \$61.00	Monday 4:30 pm, Tuesday 6:30 pm, Thursday 4:30 pm
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<b>Big Sprinters</b> (5 years) 45-minute class \$61.00	Monday 6:30 pm, Tuesday 4:30 pm
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**School – Age Classes – all classes (except Comets) are 55 minutes long & tuition is \$69.00 a month**  
**School – Age Classes are for children ages 6+ and moving up is based on skills**

<b>Rising Stars</b> (Beginner Gymnastics) 55-minute class \$69.00	Monday 4:30 pm, Monday 6:30 pm, Tuesday 5:30 pm, Thursday 4:30 pm
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<b>Shooting Stars</b> (Intermediate Gymnastics) 55-minute class \$69.00	Monday 5:30 pm, Tuesday 4:30 pm, Thursday 5:30 pm
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<b>Comets</b> (Advance Gymnastics) 85-minute class \$90.00	Tuesday 5:30 pm
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<b>Tumbling</b> (Beginner Tumbling) 55-minute class \$69.00	Thursday 6:30 pm
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- All classes meet once per week.
- All fees are due at the time of sign-up, we accept; cash, check, or credit card.
- All fees are due the 25<sup>th</sup> of the previous month. Your account must be current to be considered enrolled in class.
- If you are not going to continue with class, you must notify the office by the 25<sup>th</sup> or your account will be charged.
- A \$5.00 discount is given on a second class and/or for a sibling.
- If you miss a class, you may schedule a make-up within the same month. Make-ups are only allowed for currently enrolled students.
- Dates the building will be closed and makeups need to be scheduled through the front office.

**Fall Closures**

Sunday & Monday, Sept. 6-7, 2020 (Labor Day)  
Thursday, November 26, 2020 (Thanksgiving)

**Spring Closures**

Sunday, April 4, 2021 (Easter)  
Sunday, May 9, 2021 (Mother's Day)

**Annual Shutdowns (no make ups)**

December 21, 2020 – January 1, 2021  
May 31, 2021 – June 4, 2021

## Covid-19 Action Plan Policies

If you can answer NO to all of these questions, we will be excited to have you in class today!

**PERSONAL WELLNESS CHECKS**

- Have you had a fever in the last 48 hours?
- Have you been in contact with confirmed case of COVID-19?
- Are you experiencing a cough, shortness of breath, or a sore throat?
- Have you been vomiting or had diarrhea in the last 24 hours?

**ILLNESS POLICY**

To keep our students and employees safe and healthy, we ask that you keep your child home if they exhibit any symptoms and they are not feeling "well". If you are ill, or someone in your family is ill, please stay home.

**HAND WASHING & PERSONAL PROTECTION**

Each student will be prompted to wash their hands when entering the facility. All spectators will be requested to wear a mask. Students in class will not be required to wear a mask. Students and spectators will be expected to keep physical distancing at all time.

**WATER BOTTLES & PERSONAL EQUIPMENT**

Students will need to bring a water bottle as the water fountains will be closed at this time. Students should bring a drawstring bag or something similar to keep their personal equipment to help limit the spread of contaminates.

**COMMON AREAS & LOBBY**

To help limit the traffic in the lobby and common areas we ask that whenever possible you drop off & pickup your child. We would appreciate your support in keeping traffic to a minimum. If you do stay to watch, families will be limited to 1 parent per child, please no siblings.

**PRESCHOOL AGE CLASSES**

All classes for kids ages 3 and under will need to have a parent accompany the child in the class. The parent will help in the physical distancing and will aid in spotting and cleaning of equipment.

(502) 348-2164  
Class Descriptions

**Pre – School Gymnastics Classes – all classes are 45 minutes long and tuition is \$58.00 per month.**

The Pre-School class program is broken into classes based on age. Dividing classes by age allows children to play and participate in class with other children of similar age and social development. Skills and activities taught in class are appropriate to their physical development.

**Little Walkers (Walking – 42 months)** – The Little Walkers program is designed to enhance your child's gross motor skills through a variety of gymnastics related activities. Our goal is to encourage play and movement learning experiences while they also learn the important concepts of following directions and listening. This is a parent participation class; the role of the parents is to have fun with your child, follow them when the instructor is not helping them, and help your child when they need it.

**Little Joggers (3 years)** – The Little Joggers is a transitional class similar to the Little Walkers class where the parent is no longer in class with their child. Little Joggers continue to develop their gross motor skills through gymnastic activities. Instructors will challenge the 3-year-old children to listen and follow directions while navigating through the circuits.

**Big Runners (4 years)** – Big Runners program is for 4-year-old children. Gross motor development is still our largest goal along with listening skills and sharing with the group. Big Runners will now be doing even more gymnastic related activities, including spending time upside down and time on their hands.

**Big Sprinters (5 years)** – The Big Sprinters program is for 5-year-old children. Gymnastic skills and exercises are the largest goals while gross motor skills become a secondary goal. Sprinters will spend less time in the pre-school circuits and will begin to use some of the same stations and equipment the school age classes use. While participating in gymnastics related activities Big Sprinters enjoy having fun being active and developing their personal strength and balance.

**School – Age Classes (gymnastics, tumbling, & boys) – all classes are for children ages 6+**

The School-Age Gymnastics program is for children who are 6 and older. The class stages build upon the skills learned in the previous level. In order to move from level to level the child must receive a recommendation from their instructor. Student's abilities are evaluated monthly and weekly, teachers can always give you a current evaluation of your child's skill level.

**Rising Stars (Beginner Gymnastics)** – The Rising Stars class is the first step and the starting class for all new girls to Blue Ribbon Sports. In our Rising Stars class girls will do gymnastics activities and exercises while learning the basic positions and shapes important to gymnastics skills. Girls will also have fun being active and learning the fundamentals of gymnastics while developing their personal strength and balance.

**Shooting Stars (Intermediate Gymnastics)** – Shooting Stars class is the second stage of our recreational gymnastics class program. Taking the positions and skills learned in the Rising Stars class and continue to build on top of those fundamentals. Girls will learn and spend time on all 4 of the girl's events. Having fun and being active are our primary goals along with improving listening skills, sharing, and teamwork.

**Comets (Advance Gymnastics)** – The Comets class is the third level of the class program. Comets meet once a week and classes are 90 minutes long. Moving into this level requires a recommendation from your instructor. Comets have a great base of fundamentals and can work on many new skills on all events. At this level girls may be invited to join the competitive gymnastics program.

**Tumbling (Beginner Tumbling)** – A tumbling class is the introductory and beginning level tumbling program. Any boy or girl 6 years or older can take a tumbling class regardless of experience or ability. Tumbling classes are great for children in cheer or might want to cheer in the future. In class, children will have fun being active and learning skills and positions important to floor tumbling. Instructors will spend time teaching rolls, handstands, cartwheels, and limbering skills. When they are strong enough and have mastered the basic positions, then instructors will also begin teaching back handsprings.

**Boys Gymnastics** – The new boys' gymnastics program is exciting and growing. Classes are broken into 2 types, class for boys 4 & 5 years and class for 6+ years. In the boy's classes we have fun being very active and developing personal strength. Boys do gymnastics activities and exercises on the boy's equipment and learn skills on the 6 boy's gymnastics events.